

*Until I came to see you, I couldn't afford to take my children to the doctor and I worried about them getting sick. Now I feel happy because I know you can help me and I can see a doctor for free.*

Turkish asylum seeker with 5 children.



## What is the ASRC health centre?

The health centre opened in 2002 and was the first health service for asylum seekers in Victoria. The service was previously known as the Bula Bula clinic.

The ASRC health centre is funded primarily by donations and is operated by a paid coordinator and a team of volunteers.

### *The ASRC health centre provides:*

- GP medical services
- Specialist medical services (eg: Paediatrics)
- Physiotherapy
- Nursing and Midwifery
- Massage therapy
- Health education
- Podiatry
- Referrals

And works closely with the ASRC counselling team to provide mental health care

***All staff are qualified and experienced professionals.***

## Who can use the service?

All asylum seekers can utilise the service, especially asylum seekers without Medicare.

## What else can the ASRC health centre help with?

- Advocacy  
*Assistance to access health care in the community*
- Referrals  
*To other asylum seeker friendly services such as dental and optometry*  
*To our network of specialists in the community who see asylum seekers pro bono*
- Financial assistance with medications, pathology, radiology and spectacles
- Health education and information in your own language
- Women's Health needs

## How can you access the ASRC health centre?

- By phoning the direct telephone line for advice tel: 9326 6033
- By making an appointment in person at the centre or by phone
- By dropping in to see our friendly staff

## Opening hours

**Monday to Friday: 10am – 4pm**

**For medical emergencies go to your closest public hospital**, but please phone the Centre for advice during opening hours.

**Our service is free.**

All medical and personal information is kept confidential.

## Philosophy

A commitment to upholding the human rights of asylum seekers and promoting their health and well-being.

A belief that everyone has the right to accessible and appropriate health care, regardless of their race, sexuality, citizenship, gender, nationality, religion, ethnicity, abilities or visa status.

## ASRC Health Centre aims

- to provide essential health care to asylum seekers who are prevented from accessing health care anywhere else in the community
- to provide a high standard of wholistic health care to asylum seekers
- to provide a service that is welcoming, respectful, dignified, non-judgemental and individualised to people's needs
- to offer a health service that empowers asylum seekers and encourages independence, autonomy and self respect

# ASRC SUPPORTER PLEDGE FORM

Ms / Mrs / Miss / Mr / Dr

FIRST NAME: \_\_\_\_\_

FAMILY NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

SUBURB / TOWN: \_\_\_\_\_ POSTCODE: \_\_\_\_\_

TEL: H ( ) \_\_\_\_\_ TEL: W ( ) \_\_\_\_\_

MOBILE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

*ASRC respects your privacy and observes provisions of the Privacy Act 2001. Please inform us if you wish to update your contact details, or wish to not be contacted again. Your contact details will be used for ASRC business only and will not be sold to other organisations.*

**I would like to make a single tax-deductible donation to the ASRC of:**

\$20     \$30     \$50     \$100

My choice: \$ \_\_\_\_\_

**I'd like to become a Regular Supporter of the ASRC**

*I would like to commence my regular supporter's subscription, to be paid automatically through my credit card to save on administration costs and further contribute to the protection and promotion of the human rights of asylum seekers in Australia.*

\$20 p/mth     \$30 p/mth     \$50 p/mth

My choice: \$ \_\_\_\_\_ Every \_\_\_\_\_ month/s

The month / year of my first contribution: \_\_\_\_\_ / 200 \_\_\_\_\_

## Credit Card Payment Method

Visa     Mastercard     Bankcard

Credit Card No

Expiry: \_\_\_\_\_ Cardholder's Name: \_\_\_\_\_

Signature: \_\_\_\_\_

## Cheque Payment Method

**Please make your cheque payable to *Asylum Seeker Resource Centre*, attach it to this form and mail it to the postal address listed below.**

**FAX TO:** Asylum Seeker Resource Centre (03) 9326 5199

**MAIL TO:** *Donations Coordinator*, Asylum Seeker Resource Centre,  
67 Jeffcott Street, West Melbourne, 3003

**Donate Online** using a credit card via [www.asrc.org.au](http://www.asrc.org.au)

*For any inquiries regarding the Asylum Seeker Resource Centre call (03) 9326 6066*

# Ways you can help the ASRC...

## Fundraising

The ASRC relies solely on the community. Money is raised through donations from generous individuals, companies and philanthropic bodies, and through the efforts of the centre's fundraising group. All donations over \$2 are tax deductible.

Support in cash, or kind, or through supporting the Centre's events are gratefully received. **Help ASRC Health in the following ways:**

- **MAKE DONATIONS** to cover the health centre's costs
- **DONATE MET TICKETS** to enable asylum seekers to attend the health centre and their appointments at other health facilities
- **PROVIDE FRESH FRUIT AND VEGETABLES** to help the food bank provide nutritious food for asylum seekers
- **VOLUNTEER - HEALTH PROFESSIONALS** who can volunteer at the ASRC health centre or PROVIDE PRO BONO services in the community

## **Other ways you can help the Centre in general:**

- CONTACT OUR campaign team for information on how to help raise awareness of the issues facing asylum seekers
- ORGANISE a food drive for our food bank
- WRITE TO your local MP, the Immigration Minister and the Prime Minister
- COPY this flyer and DISTRIBUTE locally
- CONTACT US to find out about volunteering at the ASRC
- Get an ASRC SPEAKER to come to your community organisation
- ORGANISE a local fundraiser for the ASRC
- Have our CATERING SERVICE, run by asylum seekers, cater for your next function

**For further information on ways you can help please go to [www.asrc.org.au](http://www.asrc.org.au) or call the ASRC on (03) 9326 6066**

## ASRC - Asylum Seeker Resource Centre

Winner of 2003 HREOC Human Rights Award (Community)  
National and Sate Winner of 2005 National Australia Bank Volunteer Awards



# ASRC Health Centre

ADVOCACY  
CAMPAIGNS  
CASEWORK  
COMMUNITY RELEASE  
COUNSELLING  
DROP - IN  
EDUCATION  
EMPLOYMENT  
ESL  
FOODBANK  
HEALTH  
OUTREACH  
RECREATION  
RESEARCH  
LEGAL

**The ASRC Health Centre is the largest service of its kind in Australia providing medical, nursing and midwifery, physiotherapy, massage and referral services to the most vulnerable and at risk asylum seekers.**

In 2005 the ASRC health centre successfully lobbied for positive change to the Victorian state health policy and Medicare ineligible asylum seekers can now attend public hospitals without being charged.

### ***Asylum Seeker Resource Centre***

67 Jeffcott Street, West Melbourne Victoria 3003

tel: 03 9326 6066 fax: 03 9326 5199  
email: [asrcchealth@yahoo.com.au](mailto:asrcchealth@yahoo.com.au)

**ASRC Health Centre**  
Direct line: 03 9326 6033

**[www.asrc.org.au](http://www.asrc.org.au)**